



Breaking Down Scrum Values with Martial Arts










TRUST

don't worry, this is gonna work out just fine



Don't worry about
being perfect;
just be honest.

www.e-buddhism.com



Pen and Paper Required!

Write the 5 Scrum Values in 30 seconds. GO!!!!



AUDIENCE POLL!



About Us

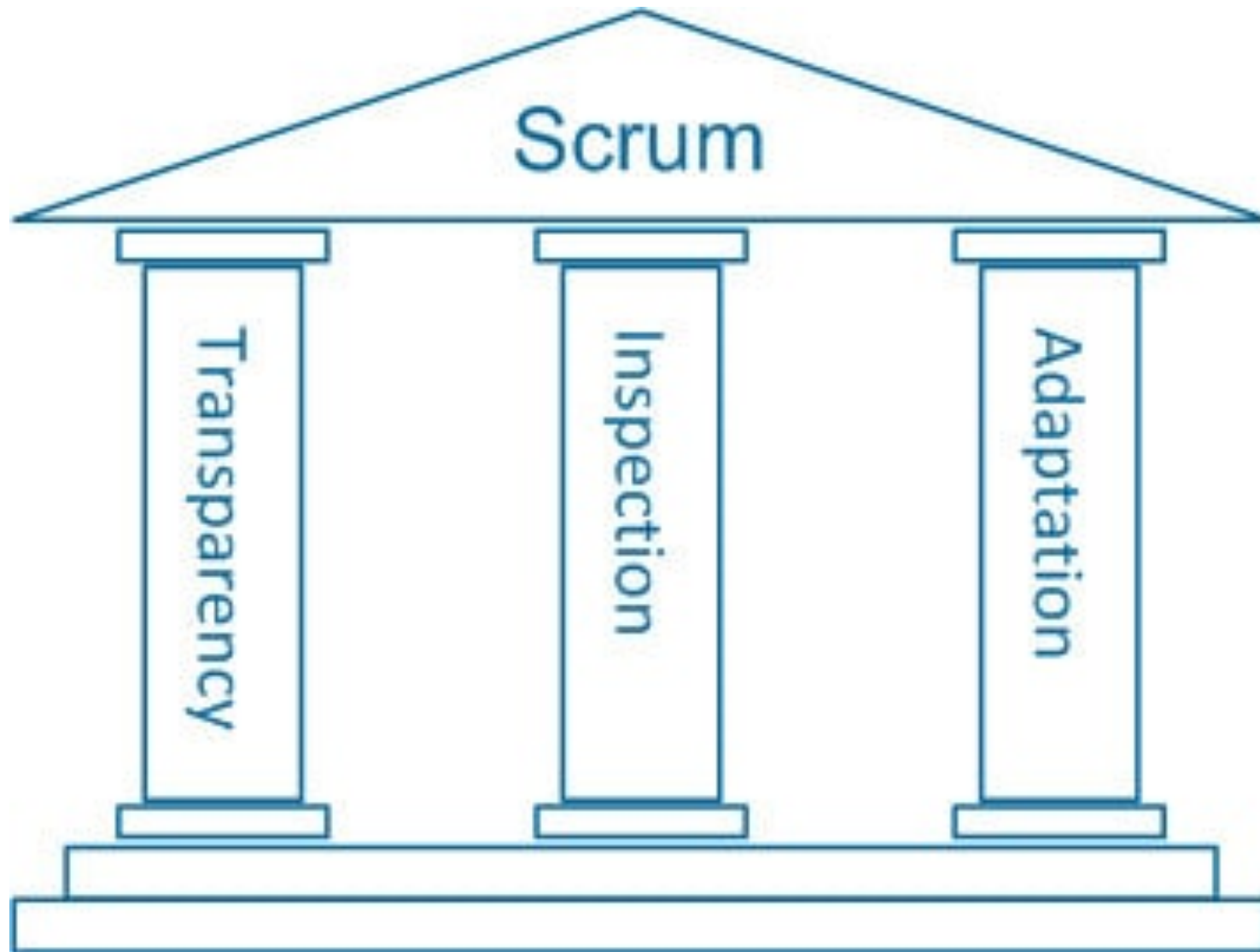
Rob Reed
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About Us – Russell Cotter
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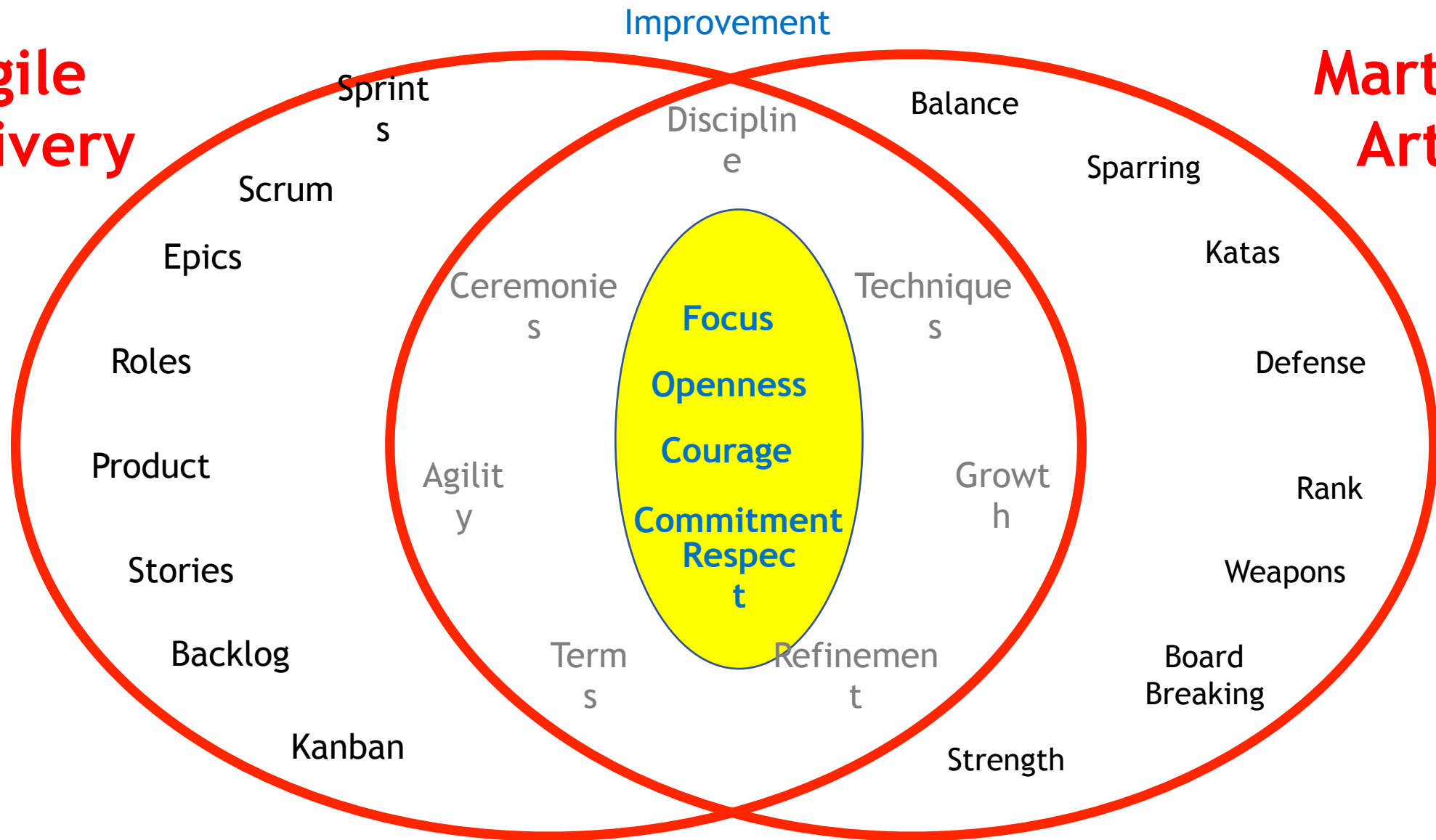


Empiricism



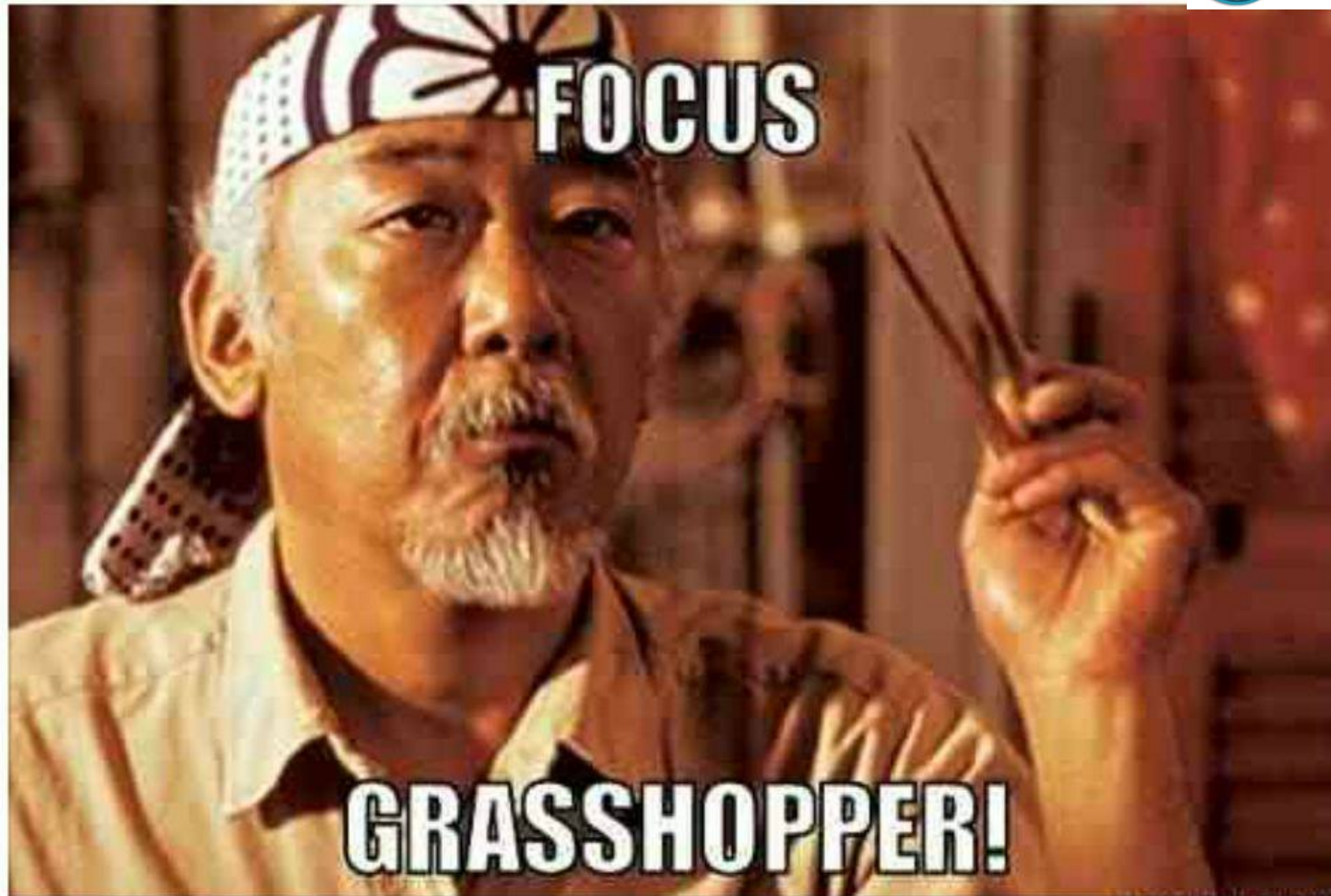
Agile Delivery

Martial Arts





FOCUS
Everyone focuses on the work of the Sprint and the goals of the Scrum Team

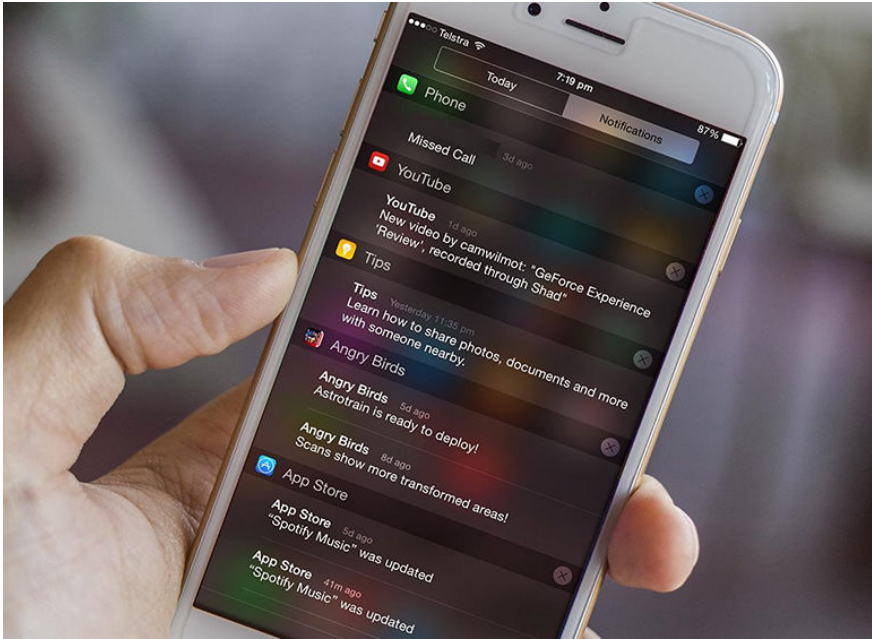




FOCUS

Everyone focuses on the work of the Sprint and the goals of the Scrum Team





FOCUS
Everyone focuses on the work of the Sprint and the goals of the Scrum Team



What are your distractions?

Imagine if you didn't have any?

**The more I learn,
the more I realise how
much I still have to learn.**



OPENNESS

The Scrum Team and its stakeholders agree to be open about all the work and the challenges with performing the work

How we listen and give consideration to new ideas.

We don't know it all.

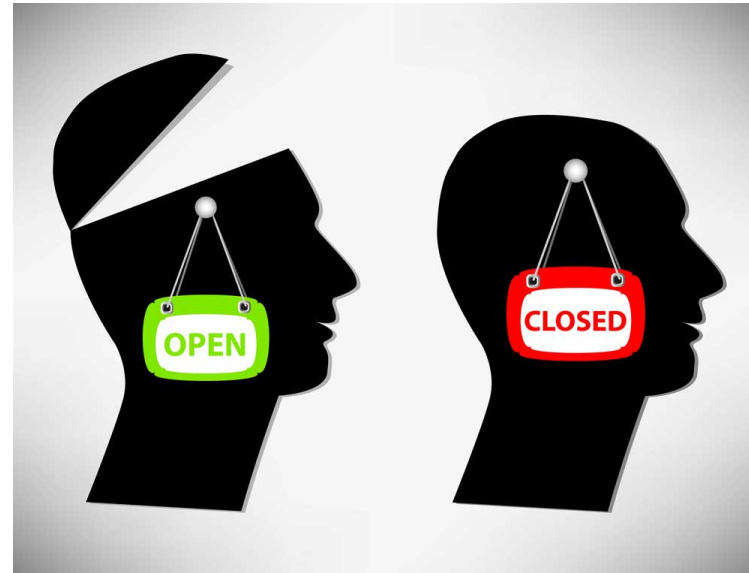
Failure can help us to learn and grow.



OPENNESS

The Scrum Team and its stakeholders agree to be open about all the work and the challenges with performing the work





OPENNESS

The Scrum Team and its stakeholders agree to be open about all the work and the challenges with performing the work

Are you open to giving and receiving feedback?

Are you raising impediments?

What could your team accomplish if everyone was truly open?





COURAGE

Scrum Team members have courage to do the right thing and work on tough problems





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Scrum Team members have courage to do the right thing and work on tough problems





FAIL
[F] **FIRST**
[A] **ATTEMPT**
[I] **IN**
[L] **LEARNING**



COURAGE

Scrum Team members have courage to do the right thing and work on tough problems



Embrace failure - learn and try something else

Raise impediments

Give and receive important feedback
- The team will grow!





COMMITMENT

People personally commit to achieving the goals of the Scrum Team



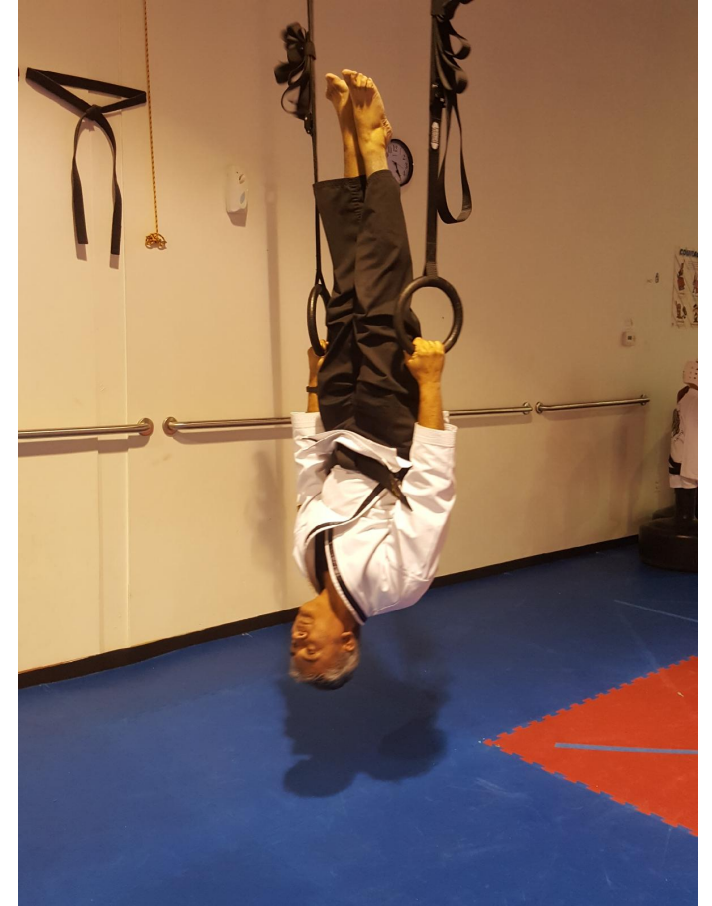


COMMITMENT

People personally commit to achieving the goals of the Scrum Team



- 10,000 start their martial arts journey
 - 5,000 after 6 months
 - 1,000 after 1 year
 - 500 after 2 years
 - 100 after 3 years
 - 10 will make 1st degree black belt
 - 1 or 2 will make 2nd degree black belt
 - Even less become instructors
-
- What is your commitment level?
 - How many Sprint Goals will your team achieve?





COMMITMENT

People personally commit to achieving the goals of the Scrum Team



Forms:

- 18 Moves - White Belt
- 23 Moves - Orange Belt
- 28 Moves - Yellow Belt
- 31 Moves - Camo Belt
- 34 Moves - Green Belt
- 44 Moves - Purple Belt
- 42 Moves - Blue Belt
- 44 Moves - Brown Belt
- 46 Moves - Red Belt

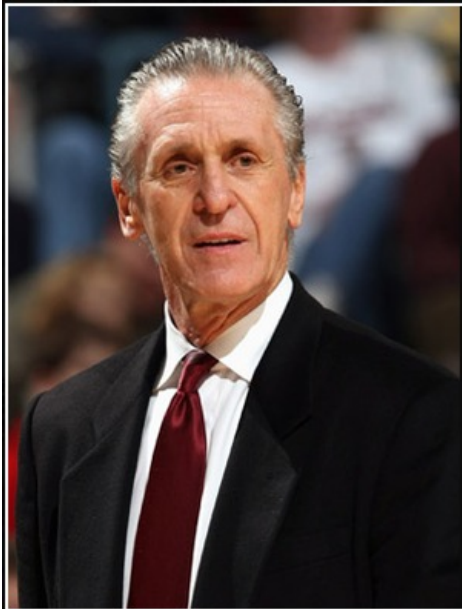
310 Form Moves Total

- 9 Self Defenses
- 6 Forms include sparring
- 4 Belts with board breaks
- ~ 3 years later....

You then start your true training as a black belt



COMMITMENT
People personally commit to achieving
the goals of the Scrum Team



Commitment to the team - there is
no such thing as in-between, you are
either in our out.

— *Pat Riley* —

AZ QUOTES

Are you committed to your team?

Are you committed to learning new
things?

Are you committed to the sprint
goal?



RESPECT

Scrum Team members respect each other to be capable, independent people





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Scrum Team members respect each other to be capable, independent people



**authentic:
to be honest
and genuine
without being
offensive**



Communicate
constructively



Be an active
participant



Exhibit
flexibility



RESPECT
Scrum Team members respect each
other to be capable, independent people



Does your team act
respectfully?

Do you respect that people are
doing their best and have good
intentions?

Are you being authentic? -
People notice

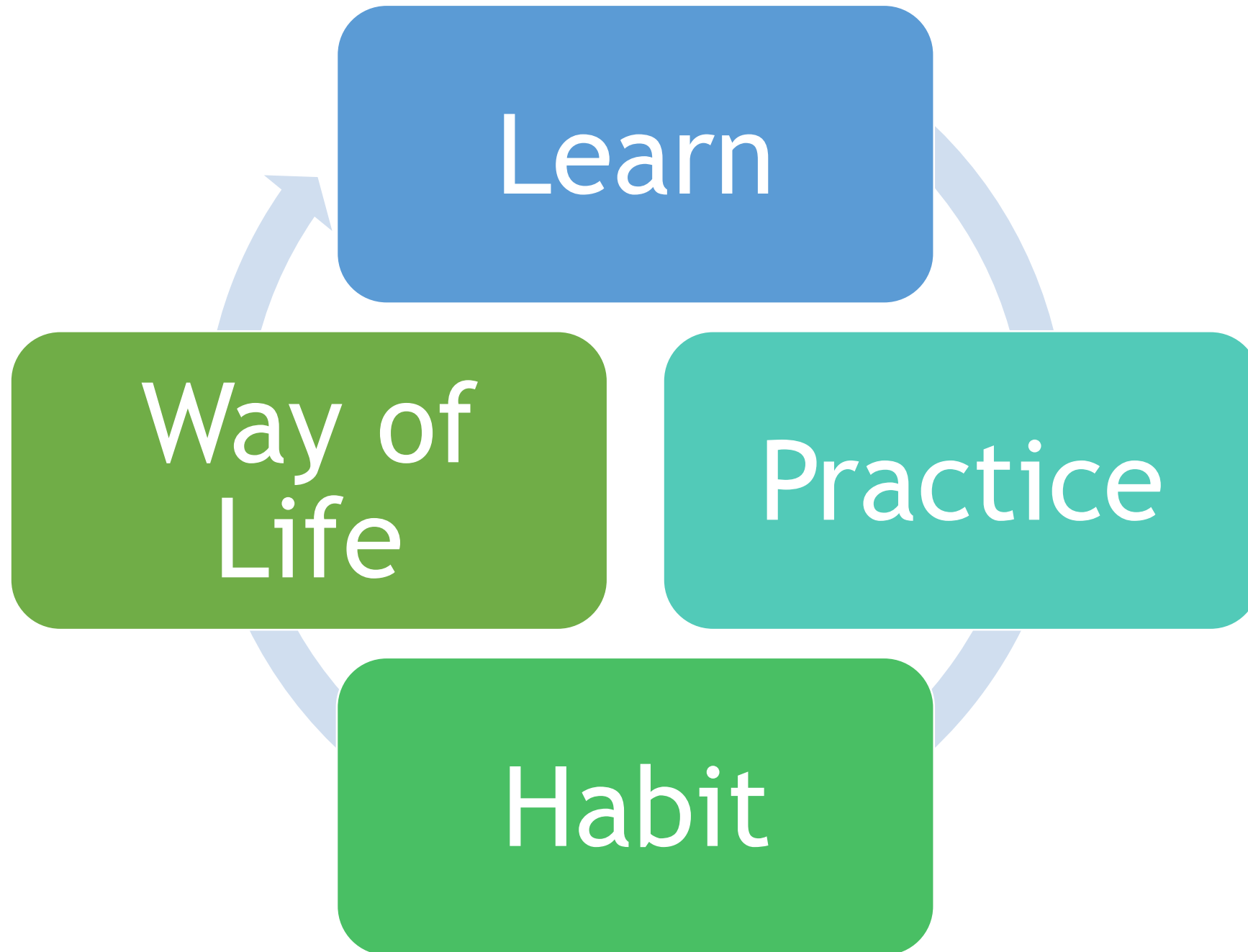


DIY Ninja Swords!











Call To Action

- Focus - Visualize every distraction, discuss as a team the impact, brainstorm on how to remove them.
- Openness - Be open with your team. Give and receive constructive feedback.
- Courage - Be ok trying, failing, learning. Do the right thing even though it may be hard.
- Commitment - Commit to your team to do what it takes to complete the sprint goal.
- Respect - Treat people with respect and you will earn theirs.

FOCCR

F - Focus

O - Openness

C - Courage

C - Commitment

R - Respect

But wait... there's more...







2nd degree testing board breaks



Focused





AUDIENCE POLL!



**HAVING A BLACK
BELT MEANS
NOTHING IF YOU
DON'T CONDUCT
YOURSELF AS A
BLACK BELT.**

**BE COURTEOUS.
SHOW RESPECT.
MOTIVATE.
INSPIRE.**



Failed board break, did not get promoted



Made it next testing session

